



Connected

Innovative

Grounded in Christ

Coming Events

LOOKING UP

'The Lord lifts up those who are bowed down.' Psalm 146:8

An article in the *Surgical Technology International* journal says that looking down at a smart phone with your head bent forward is the equivalent of having a 60-pound weight on your neck. When we consider that millions of people around the world spend an average of 2-4 hours daily reading and texting, the resulting damage to neck and spine becomes a growing health concern.

It is also easy to become spiritually bowed down by the burdens of life. How often we find ourselves discouraged by the problems we face and the needs of those we love. The psalmist understood this weight of concern yet saw hope as he wrote about 'the Maker of heaven and earth, the sea, and everything in them—[who] remains faithful forever. He upholds the cause of the oppressed and gives food to the hungry. The Lord sets prisoners free, the Lord gives sight to the blind, the Lord lifts up those who are bowed down, the Lord loves the righteous' (Ps. 146:6-8).

We can walk through each day knowing that 'the LORD reigns forever!'

When we consider God's care, His great power, and His loving heart, we can begin to look up and praise Him. We can walk through each day knowing that 'the Lord reigns forever . . . for all generations' (v. 10). He lifts us up when we are bowed down. Praise the Lord!

O Lord, lift our eyes to see Your power and love today so we can raise our heads and our hearts in grateful praise to You.

Faith in God's goodness puts a song in your heart.
Submitted by Armin Mayer from "Our Daily Bread devotionals
(<http://odb.org/>)"

Thur 24 Mar

- Maundy Thursday
- Year 3 Shiloh Hills Camp
- Triskills Gymnastics (R-2)

Fri 25 Mar

- Good Friday

Sat 26 Mar

- Easter Saturday

Sun 27 Mar

- Easter Sunday

Mon 28 Mar

- Easter Monday

Tue 29 Mar

- Sports Day Team Bonding

Thur 31 Mar

- Triskills Gymnastics (R-2)
- Relay Rehearsals (5, 6 & 7 year olds)

Fri 1 Apr

- Twilight Sports Day
- Endeavour Middle Years Building Opening
- Shed Men at Sports Day

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08 8260 2655

www.stpaulba.sa.edu.au
Principal: Mr Andrew Messenger

PRINCIPAL'S PONDERINGS

Volunteers

It has been wonderful to see so many volunteers making a difference at St Paul over the first couple of months of the school year. Whether it be helping in classrooms, going on camps or excursions, making and serving food in the canteen or supporting our students in any way, please know your selfless service is greatly valued and appreciated.

Locking of School Gates

Please be aware that in the interests of student safety, school gates facing Barton Street are locked no later than 9am. This may have car parking implications for volunteers who are working in the school beyond this time. My apologies if this causes any inconvenience.

Year 5 Camp

In what is a rarity these days, I spent last Wednesday at Aldinga with Miss Baldock and the Year 5 class. I can not tell you enough how proud I was of these students, not only with their behaviour but more importantly how they engaged positively with each other, the instructors and the camp program. Truly exceptional ambassadors for St Paul.

Farewell Jess Denko

This term Jess Denko has been working with all students from Reception to Year 6 with Technology lessons. We celebrate with Jess as she prepares for maternity leave beginning 4 April. We pray for God's blessing upon Jess and Scott as they await the arrival of a beautiful child.

St Paul Lutheran School Council

Each year we have a dedicated group of parents who work very much behind the scenes in school governance. We are very thankful to the members of the St Paul Lutheran School Council. Our council members are: Michael Hall (Chair), Kate Fox, Damian Hamilton, Scott Hartwig, Eileen Jeffree, Pastor Greg Priebsenow, Tiffany Raethel, Greg Ratsch, Louise Venning and Peter Winkley. Their photographs will be displayed on the pin boards near the canteen so that you can easily recognise them.

Easter

It is my hope and prayer that over the Easter break you will find time to reflect on the gift of new life freely given to us through Jesus.

You are also warmly invited to attend any of the Easter services here at St Paul.

- ✧ Maundy Thursday, 24 March - 7 pm - Service with Holy Communion
- ✧ Good Friday, 25 March - 9 am - Service without Holy Communion
- ✧ Easter Sunday, 27 March - 6:30 am and 9 am – Both services with Holy Communion.

A blessed Easter to all.

Andrew Messenger
Principal

LONG DISTANCE RACES



FROM THE ASSISTANT PRINCIPAL

Twilight Sports Day Friday 1 April

This year Sports Day events start at 1:30 pm and finish at 5:30 pm. Care will be provided in the morning leading up to lunch time; however no formal lessons will occur on this day. Students should arrive to classrooms at 1 pm having already eaten lunch. If you have not returned a form to indicate if your child requires care in the morning, please contact the school office as soon as possible. Please see later in this edition of Inspire for further Sports Day information.

Leila Mattner
Assistant Principal

FROM MISS SCHUSTER

With God, it is **always** about relationship! Easter reveals the depth of love and commitment that God has for each one of us. Our ultimate rescue at His ultimate expense... shown through our Saviour Jesus. We would love to invite you to our presentation of 'How God restored our relationship with Him' at our Assembly tomorrow morning at 9 am in the hall. We would love to see you there!

Miss Schuster's Year Two Shining Stars!

SAPSASA SWIMMING 2016

The following squad was nominated to represent St Paul Lutheran at the annual Adelaide North East SAPSASA District carnival staged on Wednesday 9 March:

Mimi Bey, Caleb Christian, Madi Clark, Laura Duncan, Evelyn Fay, Blayde Harten, Jordan Jenkin, Alex Jones, Jack Kretschmer, Robert Mannarino, Aleisha Martin, Caitlin Mundy, Georgie Pavlidis, Leticia Scholz, Ella Smith, Jaden Tape McGlashan, Jake Thornley, Amy Tran, Sara Wilson

Weather conditions at the Norwood Swimming Club venue remained ideal and all swimmers performed commendably to the extent that their combined efforts resulted in St Paul Lutheran featuring in a 3-way tie for first, with St Martin's and St Pius - a truly saintly occurrence!

Congratulations to the entire team, and in particular, Jaden Tape McGlashan and Aleisha Martin, whose outstanding efforts earned them District selection at Thursday's metropolitan carnival at Marion. First timers, Georgie and Jack, agreed that it was exciting to swim in the Olympic-sized pool for a change.

Special thanks to Liann Tape, Michael McGlashan and Sam Bey for organisational/management support, including time-keeping duties and to the large group of parents/caregivers in attendance.

Kym Mickan
Sports Coordinator

SENIORS SPIRIT OF ANZAC EXCURSION



COMMUNITY CARER NEWS

Class Carer Support Network

We are really blessed at St Paul to have two volunteer parents in each class called 'Class Carers'. They are committed to short term issues of care for school families.

These volunteer parents assist other families within their class according to their ability, strengths and time constraints. As this is a volunteer initiative, they would be most grateful to receive your offers of assistance as we recognise that class carers are not the only ones who can offer care and support to our school families.

If you are able to offer any assistance such as cooking an occasional meal or other support, please fill out the green form that was sent home with your child today. Please return these forms to the school office by Friday 8 April. Your support would be greatly appreciated.

Felicity Tamasi
Community Chaplain

LIBRARY NEWS

Book Hospital

Accidents happen and books get worn out in a busy library and we have a 'Book Hospital' to care for these damaged resources. Please **do not** try to fix Library books or readers at home. We use specialised materials in the library to repair damage to books. Please put a note in the book or reader when it is returned and, where possible, we will try and take care of it. Where damage cannot be successfully repaired (generally due to water or food spills), you may be charged for the cost of the book.

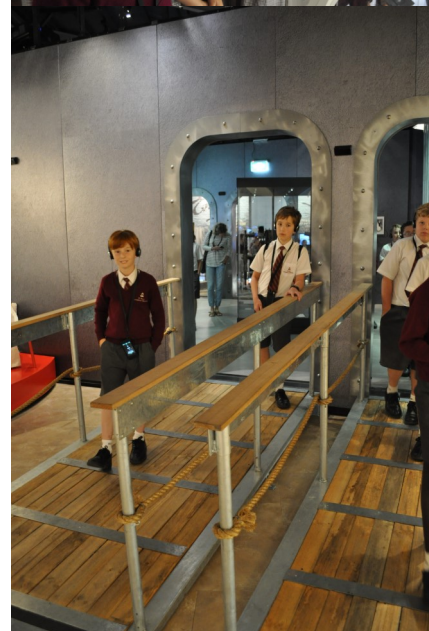
Footy Tipping 2016

Break out the beanie and scarf, The SPLS Library/SPLASH AFL Footy Tipping Competition is on for 2016!

Who can enter?:	Any current St Paul Lutheran Student.
Do I need to understand AFL?:	No, just have a go.
How do I enter?:	Write your name on the tipping sheet located in the Library; this will be available from Tuesday Week 8.
When do I need to get my tips in?:	Tips for each round will close at the end of the Thursday preceding the round (there will be no tipping in school holidays).
Need more information?:	Please talk to Ms McLeod in the Library or Cameron at SPLASH.

Happy tipping!

Wendy McLeod
Library Resource Manager



TWILIGHT SPORTS DAY INFORMATION

Sports Day will be held on Friday 1 April. SPLASH will be operating as usual from 7 am to 8:30 am. Please see Dianne Brown for any changes to your SPLASH arrangements on this day. Students may stay home until 1 pm, however school supervision will be provided from 8:30 am for those families requiring this service (see Sports Day Notices reply slip).

All students should arrive in classrooms between 1 pm and 1:15 pm to enable a 1:30 pm start. Please note: tennis courts will not be available for parking on the day. We encourage all visitors to arrive early to secure parking in the nearby streets, being sure to observe council parking restrictions.

Students are required to wear their sports uniform on the day including hats, but are invited to add a splash of team colours. This can be done by, for example, using coloured hair spray, zinc cream, ribbons, etc. Please note that hair spray should be applied at home – no cans of hair spray should be brought to school. Drink bottles and afternoon snack are also required.

Canteen will be available on the day. Please be aware that barbecue and canteen offerings will be available for purchase throughout the afternoon for adults and children after the mid-afternoon break (from 3:30 pm).

Schedule for the Day

1:00 pm	Arrive in class
1:15 pm	Class roll call
1:30 pm	Sports Day begins on the park
1:45 pm	Opening Ceremony by Senior students
1:55 pm	Tabloid events begin (Reception to Year 2 on courts) and (Year 3 to Year 6 on park)
3:00 pm	Afternoon Recess
3:30 pm	Reassemble in teams
3:40 pm	Sprint Finals and Relays
5:00 pm	Staff v Seniors Event
5:15 pm	Presentations
5:30 pm	Dismissal from Team zones on the Park and Community Barbecue

SPORTS RESULTS

Netball

Golden Girls

St Paul Golden Girls (12) was defeated by Valley Girls (16)

Cricket

Junior Cricket

20 Feb - St Paul (3/44) was defeated by Vale Park (3/68)

27 Feb - St Paul (3/76) defeated Good Shepherd Lutheran (8/50)

12 Mar - St Paul (3/62) was defeated by St Pius (8/66)



Shed Men is a casual gathering of St Paul dads at a different bloke's house on the first Friday evening of every month. Enjoy a few cold drinks, meat, footy on the TV and a yarn with other dads from the school. All dads are welcome!

Enquiries? Call Damian Hamilton on 0434 829 267.

WHAT IS SHED MEN?

SHED MEN 2016 DATES

From 6.30pm

April 1 (after Sports Day)
St Paul Lutheran School

May 6, June 3, July 1, August 5,
September 2, November 4,
December 2.

Future locations TBC

SHED MEN GO BUSH 2016

The highlight of Shed Men's calendar is an annual camp for dads and their primary school-aged kids. More info in SMGB newsletter distributed March 23.

When: Fri May 20 – Sun May 22

Where: Riverton

Cost: \$35 per family

Registration due end Term 1

MAY
20-22

SAVE THE DATE



LAST MINUTE CAFE

COMING SOON TO ST PAUL

After you've taken your child/ren to their classroom and
you just want to take it easy, lounge, loll, slump or flop ...

DROP BY THE LAST MINUTE CAFÉ

to rest, kick back and take a breather with a cup of coffee
and share some conversations with other school parents!

Who knows you might make a new friend!

- MEET HERE - CONNECT HERE -
- SHARE HERE - LAUGH HERE -

CHURCH NEWS

First Communion Preparation

In Term 2, Pastor Greg will commence a process of First Communion preparation for eligible children and their families. First Communion preparation typically involves children aged 10 and upwards, but younger children may also be suitable candidates. If you would like to find out more and/or register your interest in being involved, please contact Pastor Greg or Naomi in the Church Office. Thank you!

6/7 SPY - Friday 1 April

We get to look at one of many brave and courageous women in the bible. We will be talking about Mary Magdalene. What an incredible woman of God, come and hear more at St Paul Lutheran Church from 7pm to 9pm. Girls please bring supper to share. \$2. For more information contact Andrew Joppich on 0488 400 370.

NOVO Camp - April 22 - 25, 2016

Novo is the exciting state-wide camping program run by Blueprint Ministries for young people in Years 7-12. The camp is held annually in the April school holidays at Cornerstone College in Mt Barker. The Novo weekend is always packed full with a sensational programme. There are daily times of praise and worship, teaching, opportunities to unpack and discuss the teaching in small groups, awesome games and activities, and plenty of time to forge and strengthen friendships with other young people from across South Australia. Standard cost: \$160 (Closes April 3) See more at: <http://www.blueprintministries.org.au/camps/novo/#sthash.FvkN488v.dpuf>.

St Paul Lutheran Church

COMMUNITY NEWS

North Adelaide Lacrosse

North Adelaide Lacrosse Club, Terama Street, Gepps Cross is holding a 'Come and Try' on Saturday 9 April with a 9 am start. Barbecue lunch. Registration forms available from school office.



ST PAUL
LUTHERAN SCHOOL

Living and Learning Together in Christ

Our Values

God's Word

Acceptance

Excellence

Respect

Compassion

Hope

Community

Love

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