



**ST PAUL
LUTHERAN SCHOOL**

Living and Learning Together in Christ

inspire

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Upcoming Events

MON 27 FEB

- TriSkills Gymnastics (R-2)

WED 1 MAR

- Ash Wednesday

THUR 2 MAR

- District Swimming

FRI 3 MAR

- Shed Men

MON 6 MAR

- TriSkills Gymnastics (R-2)

TUE 7 MAR

- 9:30am School Tour

WED 8 MAR

- Parent Information Evening (Reception)

MON 13 MAR - FRI 17 MAR

- ALWS Awareness Week

MON 13 MAR

- Adelaide Cup Day (Public Holiday)

TUE 14 MAR

- Year 3 Camp

WED 15 MAR

- School Council Meeting
- Year 3 Camp

- Year 5 Camp

THURS 16 MAR

- Year 5 Camp

FRI 17 MAR

- Year 5 Camp

MON 20 MAR

- TriSkills Gymnastics (R-2)

Today was the Absolute Worst Day Ever

*"Today was the absolute worst day ever
And don't try to convince me that
There's something good in every day
Because, when you take a closer look,
This world is a pretty evil place.
Even if
Some goodness does shine through once in a while
Satisfaction and happiness don't last.
And it's not true that
It's all in the mind and heart
Because
True happiness can be attained
Only if one's surroundings are good
It's not true that good exists
I'm sure you can agree that
The reality
Creates
My attitude
It's all beyond my control
And you'll never in a million years hear me say
Today was a good day."*

Now read the poem backwards and see how a change in perspective can alter the way we see things. May this be a reminder for us to always see the good in the bad and may you find God's blessings in every day.

A poem by Chanie Gorkin

Submitted by Stacey Baldock



From the Principal

GRATITUDE

During my research and training into wellbeing in the past several years, the importance of positive emotion, as one of the five elements of the PERMA positive psychology model, has been a clear focus. This has been informing both how I can improve my quality of life as an adult, and how we can support students to feel more positive at school. This is not a fake kind of 'put on a happy face' emotion. Rather, we can use strategies every day to improve our emotion in a genuine way, whilst still acknowledging that all emotions are important.

Gratitude is a simple, yet powerful tool to improve our mindset. It features in the well-researched [VIA Character Strengths](#); improves resilience; boosts your mood short term; and can become a habit which gives you a more positive every day starting point to cope with tough times. Psychologists aren't the first to discover this! The Bible has many references to gratitude and thankfulness:

Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus. 1 Thessalonians 5:16-18

Students at St Paul may participate in gratitude exercises in class such as keeping a gratitude journal, sharing three blessings with a friend, or writing a letter of thanks to somebody. These are great strategies at home too, both for you and your child. When your child comes home from school today, try asking, 'what are you grateful for today?' I wonder how it changes your conversation about the school day?!

2019 ENROLMENTS

In the coming weeks I will be conducting enrolment interviews for new families enrolled for Reception in 2019. If you are a current family of St Paul and believe you may not have completed an enrolment form for your younger child, please ask at the office for a form

as soon as possible. If you would like to check that you have a form in, please ask Ann Belcher to check for you. We provide priority entry to siblings if we have their information on file.

If you have friends or extended family who are seeking a suitable place for their child's education, we'd love you to direct them to us for a tour. We have now put our promotional video on our website – you can view it by simply going to our home page and clicking to play: www.stpaulba.sa.edu.au.

TRAFFIC AT ST PAUL

All school families would by now have noticed our significant traffic and car parking information campaign to begin the year. We have shared: through our beginning of year mail out; through parent sessions; and also with students, the car parking, drop-off and pick-up procedures. I thank all families who have paid particular attention to this information.

Please note the following important points:

- There is to be strictly no right turn from Audrey Avenue into the school grounds. All vehicles must proceed to the roundabout and come back to approach from the west and turn left into the school.
- All vehicles should be driven at walking pace at all times through the school.
- Be aware that priority is always given by all staff members on duty to reducing the traffic on Audrey Avenue. This is over and above allowing cars to exit car parks.
- We do not recommend allowing students to cross Audrey Avenue alone to enter the school. The practice of dropping students off on either side of Audrey Avenue should not continue, for obvious safety reasons. Whilst the traffic moving through the school may take up to five minutes longer, it could save your child's life.

I cannot stress enough the importance of adhering to safety procedures for traffic and car parking. Next week



you will see staff members handing out traffic flyers to all vehicles at St Paul. This will be a blanket procedure to ensure every driver entering our school grounds is provided with the necessary information. An additional flyer will be handed to any vehicle turning right from Audrey Avenue instructing them of the correct direction from which to enter.

Leila Mattner | Principal

From the Assistant Principal

USING THE ST PAUL WEEBLY TO ACCESS NEWS AND INFORMATION

The parent information evenings held during week 2 were one of the first formal means of communication by our teachers in 2017. Our teachers really value the opportunity to enrich the school-home partnership each year and so we acknowledge and thank you sincerely for the excellent attendance at these sessions.

Another important means of communication occurs via the Weebly's - the Parent Weebly and the Classroom Weebly. Parents are strongly encouraged to visit both Weebly's. Please note, if you have not received passwords already, you will be given two different passwords by your child's class teacher to access each area by the end of this week.

Teachers plan to add information to the classroom weebly approximately three times per term. Moving forward, teachers will notify you via email once this has occurred. We invite you to spend some time surfing the Weebly on the weekend!

The Parent Weebly (accessible by all parent/caregivers at St Paul) makes available to you the following information:

- Sporting fixtures, results and general information
- Gallery - selected photos
- Notices and forms

For friendly ease of access the following procedure will assist anyone new to Weebly's:

- Open up the St Paul website
- Scroll to the bottom of the home page
- Identify the icon in the grey box, on the far right hand side, called 'Weebly's'
- Click on the icon or the word 'Weebly's'
- Click on either the 'Parent Weebly' or your individual year level Weebly.
- Enter the relevant password for the area, given to you by your child's classroom teacher.

CHAPEL

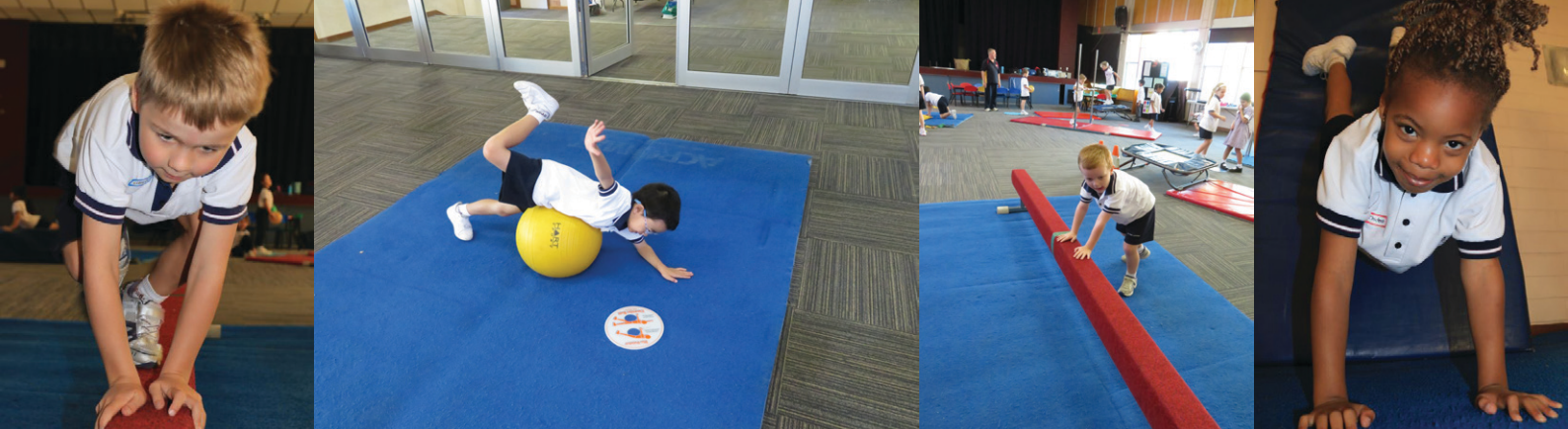
All classes and their teachers attend an R-6 Chapel Service every Wednesday morning in the church. There are seats in the church and families are warmly invited to be part of our Chapel. Tea and coffee, served by our student leaders, is available in the hall from 8:45am. We look forward to seeing you there!

STUDENT ACHIEVEMENT BOARD

Extensive research highlights the significantly positive impact extra-curricular activities has on a child's learning and development. Extra-curricular activities may include commitments to sport, dance, music, language learning, community service, and so on... St Paul provides a large number of extra-curricular activities for our students to embrace and these are profiled at Assembly and through Inspire.

There are also a large number of students who participate in a variety of extra-curricular activities over and above what is available at school. We would like to celebrate the achievements of all students. If your child experiences notable achievement in an extra-curricular event outside of school, we would love to hear about it and celebrate with you!

The St Paul Student Achievement Board is used primarily for student achievements that are not otherwise recognised or celebrated at school. This year, the display will be on the pinup board between the Canteen and Felicity Tamasi's office (Community Chaplain). Students can visit or email me to let me know about their achievements. Alternatively parents



are also welcome to forward information to me. I look forward to hearing from you and your children!

Helen Vonow | Assistant Principal

General News

INTRODUCING OUR NEW SCHOOL MINISTRY WORKER

Hi my name is Louise Venning and I am the new School Ministry Worker at St Paul. I am a school parent and St Paul Church member. I have three children, two of whom attend St Paul Lutheran School currently and one now at high school. I am very excited about this role and look forward to building meaningful connections between our congregation and school community here at St Paul. I hope to meet you in and around the school soon.

My days are Tuesday, Wednesday and Friday and I can be contacted by email LVenning@stpaulba.sa.edu.au or mobile 0416 008 129.

How good and pleasant it is when God's people live together in unity!

Psalm 133:1

TWILIGHT SPORTS DAY ADVANCE NOTICE

This year we are once again holding a twilight Sports Day, with events starting at 1:30pm and finishing at 5:30pm. Care will be provided in the morning leading up to lunch time; however, no formal lessons will occur on this day. Please pay careful attention to sports day information in Inspire as we lead up through the term to this exciting day!

LIBRARY NEWS

CONSTRUCTION MATERIALS WANTED

Tuesdays are construction day in the Library at lunch-time and it is always busy. Materials like empty boxes, tubes, fabric scraps, string, wool, plastic trays and orange fruit bags get used quickly. If you have any of these materials at home and would like to 'recycle' them with us, please bring them to the Library. The

Library is open from 8:30am till 8:45am Mondays to Thursdays and Tuesdays and Thursdays from 3:15pm till 3:30pm to drop materials in.

LIBRARY BAGS

Students from Reception to Year 3 are required to bring a named Library bag to use for borrowing. The bag can be any type large enough to fit picture books. The St Paul book bag and LLL calico bags are popular choices. Using a Library bag helps students carry and protect their books and ensures they get into the correct school bag to come home.

SPORTS TRAINING

Please note the following points regarding after-school sports training.

- Sessions will be cancelled if the morning media forecasts the day's maximum temperature to be 33°C or above. On rainy days, sessions will be cancelled if it is raining at school at 2:30pm on the day of practice. Parents or caregivers unsure whether or not an afternoon's session has been cancelled due to inclement weather are more than welcome to telephone the school office (after 2:30pm if pertaining to wet weather).
- Our duty of care to students on school grounds extends to organised school sports training. Children involved in sports training sessions after school are in the care of coaches and team managers. Siblings of these students should at all times be under the supervision of a parent. If this is not possible, SPLASH is to be utilised.

Please contact Mr Kym Mickan at kmickan@stpaulba.sa.edu.au for all sporting enquiries.

TRI -SKILLS GYMNASTICS

A reminder for *Reception, Year One and Year Two* parents that children need to wear their Sport Uniform each Monday from 20 February to 20 March for Tri-Skills Gymnastics.



SAPSASA DISTRICT SWIMMING

Best wishes to the following students who will represent St Paul Lutheran at the 2017 Adelaide North East District Swimming Carnival on Thursday 2 March:

Riley Thornley, Taliese Wilson, Samuel Clark, Bethany Fay, Lyla Muir, Indyana Case, Tahlia Mundy, Archie Kretschmer, Felicity Cheng, Tom Pavlidis, Georgie Pavlidis, Evelyn Fay, Sara Wilson, Jake Thornley, Jordan Jenkin, Max Davey, Hayley Fechner, Callie Weiss, Aleksa Novakovic.

SHED MEN

All dads and men in the St Paul community are invited to 'Shed Men' which is a casual gathering where we share an opportunity on the first Friday of each month to gather at a nominated 'shed' to meet, chat and socialise in friendship and fellowship. This has proven to be an excellent way for men to be involved in the school and in the education of their children.

Shed Men is about guys getting together informally, usually around a BBQ at someone's shed, and just getting to know each other while establishing, broadening and strengthening friendships. It's as simple as that. Often there's a footy match or a cricket match to watch, but the important thing is that this is a gathering of men ... for men ... organised by men. (No salad is the rule!) We even have a constitution!

Keep an eye out this week for a flyer coming home with your eldest child with information about Shed Men and coming events.

Our next Shed Men will be held on Friday 3 March at Leon's Shed, 49 Lionel Ave, Blair Athol (please enter down the right-hand side of the house).

Save the date: Shed Men Go Bush 2017 Camp: Friday 19 May to Sunday 22 May.

For more information please contact Leon on 0432 575 126.

PRAYER REQUESTS

There is a group of people within our school community that actively prays for school and family needs. Whilst we are aware of numerous needs within our community, we welcome specific requests from all people. Either in person or via the confidential email address (prayer.request@stpaulba.sa.edu.au), please continue to be encouraged to request prayer for personal, family or community needs.

LLL BANKING

Established in 1921, the prime purpose of the LLL (Lutheran Laypeople's League of Australia Incorporated) is to assist the Lutheran Church of Australia (LCA) in its mission and ministry of spreading the Good News of Jesus Christ.

The LLL serves the LCA in numerous ways but especially in aspects of business and finance. It operates savings accounts for LCA members and supporters who wish to assist LCA organisations.

Funds deposited enable the LLL to provide financial assistance to the LCA, particularly by way of low interest loans to LCA projects for building and equipping churches, schools, and care facilities.

Students are encouraged to consider opening a savings account with the LLL. Deposits can be made through the school on Wednesdays. Applications to open an account are available from the office.

HOW TO RAISE INDEPENDENT KIDS

'Never before has a generation of children been so dependent on their parents.' Michael Grose.

Lose the bubble-wrap and step away from the helicopter!

Join bestselling author and parenting expert, Michael Grose for an interactive evening designed to challenge thinking and empower parents to raise independent, resilient and confident children.

OUR VISION:

Connected.
Innovative.
Grounded
in Christ.

OUR VALUES:

God's Word

2 Timothy 3:16-17

Acceptance

Romans 15:7

Excellence

1 Corinthians 10:31

Respect

Luke 6:31

Compassion

1 John 3:18

Hope

Titus 3:7

Community

2 Corinthians 13:13

Love

1 Corinthians 13:4-8a

PROUD MEMBER OF:



A Christ-Centred Community of K-12 Lutheran Schools

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Michael will share hands-on and practical strategies to help:

- Encourage independence
- Build strong, caring and cooperative family relationships
- Reduce anxiety
- Foster emotional intelligence

You'll leave feeling empowered to move forward in raising your independent children.

- When: Thursday 2 March
- Where: Trinity College, Evanston South
- Time: 7pm to 9pm
- Cost: \$35 per ticket

To book your ticket visit: spoonfedgenerationparents.eventbrite.com.au

Endeavour College News

YEAR 7 2018 ENROLMENT

Endeavour College is currently finalising their enrolment intake for Year 7 in 2018. Due to a high demand only a few places remain.

Should you still be considering enrolment at Endeavour College for next year, now is the time to contact the College to avoid missing out on a place.

For further information or to book a personal tour please call the Registrar, Carolyn Wachtel on 8368 3311.

Church News

EXPERIENCE LENT

Come and join us and discover through a selection of activities what Lent and Easter are all about.

Spend an hour as a family exploring elements of this story. Build an Easter garden, make a cross and hammer some nails. Share this experience with all ages.

When: Sunday, 5 March.

Time: 10:30am to 11:30am after our 9:30am St Paul Community Worship Service.

Where: St Paul Lutheran Church Hall

Cost: Free (although a small donation to help cover the cost of craft materials would be appreciated)