Over the last several weeks, our staff have been trying to focus on the top ten positive emotions as identified by Professor Barbara Fredrickson. Her research on how these emotions are important to our thriving, and indeed our survival, has been a key element of positive psychology developments.

Some of these emotions have been easier for us to discuss and identify: joy, gratitude and love, for example. However, a few weeks ago, we were challenged to look for serenity in our day and our week. Many of you can imagine how a classroom teacher might have reacted to that challenge!

Yes, there were jokes from *The Castle* and *Seinfeld*. But the difficult part was finding a genuine moment of serenity.

“Serenity emerges when people interpret their current circumstances as utterly cherished, right, or satisfying. People feel serenity, for instance, when they feel comfortable, at ease in, or at one with their situation. Serenity creates the urge to savour those current circumstances and integrate them into new priorities or values. The durable resources created through savouring and integrating include a more refined and complex sense of oneself and of one’s priorities.” (Fredrickson, 2013)

Quite a mouthful, but essentially, it's not necessarily about peace and quiet; it's about those moments we can savour and return to. Two weeks ago, I found a moment of serenity. Flying from Brisbane to Adelaide following a conference, I was able to relax and watch through the window as we flew over a seemingly endless expanse of clouds. For that moment, my priority wasn’t the coming week at work, or the collection of children after four days away, or what I’d cook them for dinner. It was the vastness of God’s creation: the vastness of him, and his love.

Whilst positive psychology is a secular science, as a Christian I find countless connection points with my faith and Biblical teaching. My moment of serenity brought me back to my starting priority, that I am loved unconditionally by my creator. My prayer for you all is this:
...that Christ may dwell in your hearts through faith; that you, being rooted and grounded in love, may be able to comprehend with all the saints what is the width and length and depth and height – to know the love of Christ which passes knowledge; that you may be filled with all the fullness of God. (Ephesians 3: 17-19)

Submitted by Leila Mattner

INSPIRE photos featured this week:
• Chapel Group 2017

From the Principal

FATHER’S DAY STALL THANK YOU
I have no doubt that many students were very excited to present their dads with the gifts purchased at the Father’s Day stall last week. I pray that you all were able to find time to spend with family, even with busy schedules, logistics, distance and missing loved ones.

I’d like to extend a special thank you to Trisca Price and her great group of helpers for the preparation of gifts, including sourcing, wrapping and selling on the day. Thank you!

QUIZ NIGHT THANK YOU
We were blessed to have a great crowd of parents, friends, staff and old scholars to enjoy the fun and competition of our Quiz Night. My sincere thanks goes to Robyn Mader, Jane Sabel, Bec Mattner and Jason Fay for their planning and organisation of this event. Thank you also to all the staff and parent helpers for their assistance in creating such a great community experience and school fundraiser.

STAFFING NEWS
As we prepare for many events in the coming weeks, Miss Schuster is also preparing for a term of well-deserved rest in Term Four. She will be taking long service leave and we pray for a relaxing (and likely productive) time away from school. Miss Emily Frahn has been appointed to a one term contract in Year 1 Schuster.

Miss Gretchen Byrne will also be taking long service leave in Term Four. We pray for Gretchen and her family as they take time to celebrate the lives of her mother and her grandmother. We pray that she is able to take some well-deserved relaxation time for some of this break also! We will be confirming Gretchen’s replacement teacher with parents in the coming days.

SRC INITIATIVE: DRIVEWAY MIRROR
Several months ago, Scott Hartwig, our council chair, and I received communication from the Student Representative Council about their concern for safety in the Deakin Street cul-de-sac. As vehicles exit the kiss and drop zone, they noted that it is very difficult to see pedestrians coming past the gate. I was most impressed with the fact that they had already identified a solution: a convex mirror to allow drivers to see out to the footpath. The mirror has finally arrived and will be installed this week. Our Student Representative Council have been working through many initiatives this year, and I congratulate them on their focus on student safety and school improvement.

Leila Mattner | Principal

From the Director of Learning

What better way to see community spirit in action than the Quiz Night last Saturday. The evening would not have happened without the hard work of a small number of staff, but it would not have been a success without the donations, attendance and spirit of the parent community. Thank you to everyone involved from start to finish.

PARENTS IN EDUCATION WEEK
‘Parents in Education Week’ will be held from Monday 18 to Friday 22 September. This is a series of events and sessions for parents that promotes and highlights the significance of parents being involved in their child’s education.
This year, a 3-day speakers program will be delivered each evening from Tuesday 19 to Thursday 21 September. The Minister for Education and Child Development will chair a panel, and keynote speakers will present at the Star Room, Adelaide Entertainment Centre.

The value of parents involved in their child’s education cannot be overstated. Research shows that students perform better in school if parents are involved in the education process. The sessions above are an excellent opportunity to develop a better understanding of the changing needs of children and how schools and families can collaborate to give students the best education possible.


Jason Fay | Director of Learning

**Optional Attendance Day Friday 29 September**

The Friday following the concert evening performance will be an optional attendance day for all students from Reception to Year 6. Students who do come to school will be supervised in mixed-class groups and will support the concert clean-up. In order to assist us in planning, please inform your child’s teacher or the school office of your intentions on this day in order for us to avoid multiple absentee follow-ups. Thank you in advance!

### Program session

<table>
<thead>
<tr>
<th>Program session</th>
<th>Date</th>
<th>Speakers</th>
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<tbody>
<tr>
<td>An evening with Minister Susan Chase and guests discussing the 21st Century child</td>
<td>19 September 2017 7.00pm to 8.45pm</td>
<td>Dr Kristin Alford Niki Buchan Jodie Benedetto</td>
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<tr>
<td>Unlocking your child’s potential and learning through strength-based parenting*</td>
<td>20 September 2017 7.00pm to 8.45pm</td>
<td>Professor Lea Waters</td>
</tr>
<tr>
<td>9 Ways to a Resilient Child</td>
<td>21 September 2017 7.00pm to 8.45pm</td>
<td>Dr Justin Coulson</td>
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**Library News**

**Footy Tipping Competition 2017**

Congratulations to Alyssa Hamilton for winning our SPLS Library and SPLASH footy tipping competition and to Liam Gates for being our runner up. Over 160 students participated in the tipping challenge with some tough competition at the front of the pack! Thank you to all the students and staff who participated.

**PRC 2017**

The 2017 Premier’s Reading Challenge finishes this Friday (8th). Please bring completed forms to the library.

Wendy McLeod | Library Resource Manager

**SAPSASA Athletics**

Apologies to the following students who have also earned selection in the St Paul team.

*Fergus Venning, Kane Jones, Lyla Muir, Heidi Paton, Samuel Clark*

We wish all the SAPSASA students the best of luck in tomorrow’s Adelaide North - East District Athletics Carnival.

**Basketball**

Forms are now available for those children in Years 2-5 that are interested in playing basketball for the school in the summer season (Term 4 and Term 1, 2018). Please see the front office for a form or contact Mrs Folland for further information.

**Woolworths Earn and Learn 2017**

Start collecting your earn & learn stickers from Woolworths now! Sticker sheets are available from Woolworths or the school office. Once the sheet is full, return and place it in the box situated in the school office, or simply return the stickers to us. The more stickers we collect, the more educational resources we can receive. Thank you for your support.
OUR VISION:

OUR VALUES:
God’s Word
2 Timothy 3:16-17
Acceptance
Romans 15:7
Excellence
1 Corinthians 10:31
Respect
Luke 6:31
Compassion
1 John 3:18
Hope
Titus 3:7
Community
2 Corinthians 13:13
Love
1 Corinthians 13:4-8a

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Church News

OPERATION CHRISTMAS CHILD
SHOEBOXES OF LOVE
St Paul Lutheran Church has a strong tradition of being involved in Operation Christmas Child. We invite families at the school to join us in making Shoeboxes of Love for distribution to children in other countries. The church has collected and covered shoeboxes, which can be collected from the school, church office or foyer. Information on what to pack is inside the shoebox or can be found at https://www.samaritanspurse.org.au/what-we-do/operation-christmas-child/. Boxes must be returned to the Church Office (or via the School Office) by Tuesday 26 September. Any queries please contact Naomi in the Church Office, telephone: 8262 4690.

MORE ABOUT OUR ST PAUL COMMUNITY SUNDAY!
We had a really special time celebrating Growing in God's Word at St Paul on Sunday 20 August.

A very special part of the Service was the Bible gifting to our St Paul Reception students. At our School Chapel Service on the following Wednesday, the remainder of the Bibles were gifted to our Reception students, and families were again invited to attend. Bibles were presented by members of our St Paul Congregation, which was very special and much appreciated.

Mrs Hall and I would like to thank our clever and creative Year 2 classes, and their teachers Mrs Voigt, Mrs Tew, Ms Kelly and Ms Fyffe for their help and collaboration with creating the wonderful flowers used to decorate the Chapel. Our Year 5 and 6 classes also contributed to the service by writing their favourite Bible verses on yellow seeds for a special display. Thank you to those students and to their teachers.

SPY NEWS
St Paul Youth for Year’s 6 to 8 runs on the first and third Friday of the month during the school term 7:00pm-9:00pm. Our next meeting date is Friday 15 September. Our theme for this term is Fire! Cost $2.00. Boys please bring some supper to share. Please contact Nicole Hall for more details on 0412 686 342.