



**ST PAUL
LUTHERAN SCHOOL**

Living and Learning Together in Christ

inspire

VOL 22 ISSUE 05, 26 FEBRUARY 2020

Upcoming Events

WEEK 5

SUN 1 MARCH

- Celebration Worship at St Paul Lutheran Church 10:00am

WEEK 6

MON 2 MARCH

- Tri-Skills Gymnastics (Years 3-6)

THU 5 MARCH

- Parent Information Evening (Reception) at 6:30pm

WEEK 7

MON 9 MARCH

- Public Holiday - School Closed

THU 12 MARCH

- School Tour 6:15pm

WEEK 8

MON 16 MARCH

- Tri-Skills Gymnastics (Years 3-6)

TUE 17 MARCH

- Sports Day Sprints

WED 18-20 MARCH

- Year 5 Camp - Aldinga

Being Brave

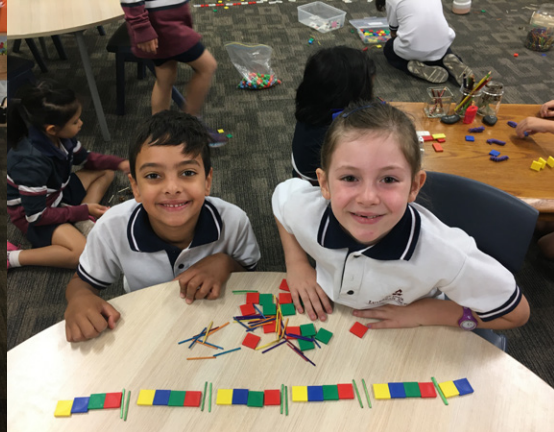
With the 2020 school year well under way, the Reception children have been thinking about different emotions and how to manage feelings that are "hard-to-have". We have been using Kimochis to explore our feelings and consider what we can do to manage our feelings. In particular, the Reception children have made a connection with a Kimochi character named 'Bug'.

Bug is a caterpillar that is afraid of change. He is timid and occasionally feels scared. When Bug is feeling scared, he can put his brave 'on top of his scared' and then his wings come out and he can fly! The Reception children have been identifying when they have been brave and practising helping others to be brave by saying "You can do it - I believe in you".

This week marks the beginning of Lent. One of the Bible readings for the first week of Lent is from Matthew 4-6. This reading describes Jesus going into the wilderness to think and pray about how he will begin his ministry. The reading from Matthew prompted me to think about the "hard-to-have" feelings that Jesus would have been confronted with whilst in the wilderness. Was Jesus feeling scared, sad, frustrated, hurt, or uncomfortable? And how did he turn his feelings around to being brave, excited, kind and loving?

As we enter into the season of Lent, we journey with Jesus into the wilderness and reflect upon our personal feelings that are "hard-to-have". How can we turn our feelings around as Jesus did?

Submitted by Erin Gracey



INSPIRE photos featured this week:

- Year 1 pattern creation

From the Acting Principal

SCHOOL VISITS

Last week the Senior Leadership Team spent time at Faith Lutheran School (Tanunda), Immanuel Lutheran School (Gawler) and Vineyard Lutheran School (Clare), looking at past and present building programs, master planning templates and outdoor learning spaces. We are very thankful for the collegiality of the Lutheran School system and the willingness to share information. St Paul continues to look at options for the future of the school and site, and more information will be shared in the later this year about an updated St Paul Lutheran School Master Plan.

REPRESENTING THE SCHOOL

This week we will have students representing the schools at the SAPSASA Swimming Carnival. This is an important experience for students as they take pride in competing against students from other schools. Netball, Basketball and Cricket are also underway for the year and we are thankful to parents and friends who volunteer their time to ensure that our sport program provides these opportunities for students. It is critical that this time and effort from volunteers is supported by the whole community. It is easy to fill out a nomination form and agree to a code of conduct, but following through with the commitment isn't always so easy.

If you and your child have made the commitment to represent the school on the sports field, this is about much more than participating in the game. Showing up on time, communicating with coaches regarding availability and respecting coaches during the game are non-negotiables. If we cannot rely on this level of commitment it makes it very difficult to find coaches and field teams. Please support our volunteers!

Jason Fay | Deputy Principal

SCHOOL COMMITTEES

The School Council is looking for interested parents to assist with some sub-committee groups. At this

stage these are the Finance Sub-Committee and the Compliance Sub-Committee. Meetings are generally in the early evening and held monthly throughout the year. If you would like to learn more, or express an interest, please email me at jfay@stpaulba.sa.edu.au.

From the Wellbeing Leader

FRIDAY ASSEMBLY

Please note that our first whole school Assembly will be in Week 5 (Friday 28 February) led by the Year 4 McMahon class.

SCHOOL CARD SCHEME APPLICATION

Applications for School Card can now be completed online by following the link: <https://online.forms.sa.edu.au/content/forms/af/public/application-for-2020-school-card.html> Paper copies of the application form are available from the front office. Please speak with our office staff if you require further assistance.

NUT AWARE ENVIRONMENT

St Paul is a "Nut Aware" environment. At any given time, a number of students in our school have a **severe peanut/nut allergy**. These students cannot be exposed to nuts in ANY form, as this will trigger an anaphylactic reaction. Anaphylaxis requires an immediate injection of adrenalin, ambulance attendance and hospitalisation. Given the life-threatening nature of anaphylaxis, the elimination of peanut/nuts and food containing nuts within the school, is really important. We ask that children who have peanut butter for breakfast on school days, please wash their hands thoroughly and clean their teeth before coming to school. No student is to bring the following foods to school:

- Peanut butter (sandwiches, dips or crackers)
- Nutella (sandwiches or dips)
- Biscuits and cakes with nuts in them
- Muesli bars with nuts
- Chocolate containing nuts e.g. Snickers, dried fruit & nut mixes
- (This does not include products that contain the warning "may contain traces of nuts")



TRISKILLS

The first TriSkills session for our Year 3-6 classes will begin on the Monday 2 March and every Monday (excluding March 9) until Monday April 6.

SCHOOL CAMPS

In a couple weeks our Year 5 classes will be preparing for school camp. In Week 8 the Year 5 students will have their 3 day/2 night camp at Aldinga. School camps have many benefits in providing outdoor education to students and it gives them the opportunity to develop a number of skills including:

1. Social skills- many of the activities your child will be involved in require team work which will allow them to strengthen friendships and connect with new peers.
2. Independence- a school camp allows children the practice making decisions without parents and teachers guiding every move.
3. Use their imagination- when children take a break from TV, iPads and the internet they rediscover their creative powers and engage in the real world.
4. New experiences- children will be given the opportunity to take part in activities they may not have encountered before.

Camp is a great way to develop all of these skills, however, often the thought of sleeping away from home can cause anxiety for children and their parents. Some common worries include:

What happens if they can't sleep?

What happens if they don't like the food? What will happen if they don't like the activities and get homesick? Although these concerns are certainly valid, it is important to help children feel positive about the experience. They will very quickly pick up on any anxiety you may have and will emulate these feelings. Some ways to help your child if they are worried about camp are:

- Discuss the activities they will participate in and relate them (if possible) to your own experience.
- Visit the website of the camp and look at photos to help familiarise your child with the area.

- Organise for your child to have a sleepover at a friend's house.

A school camp is one of the most exciting experiences a child can have. Use these tips to help your child prepare and remember to communicate with your child's teacher if you have any questions regarding your child's camp.

Carly Bergen | Wellbeing Leader

General News

PREMIER'S READING CHALLENGE 2020

Last week students were issued with a form to complete the PRC 2020. The PRC is a literacy engagement program that was introduced by the Premier in 2004 to encourage students to read more books, enjoy reading and improve literacy levels.

How does it work?

Students have until September 4 2020 to read a total of twelve books. At least eight of the twelve books need to be chosen from the Premier's Reading Challenge booklist at the appropriate year level or at an appropriate literacy level for each student. Another 4 books can be the student's own choice and should be of a similar standard to books on the list. Students record the books read and a parent/carer/teacher or librarian initials to acknowledge the book has been read. Students return completed sheets to the Library.

The Premier's Reading Challenge awards are:

- first year - Certificate signed by the Premier,
- second year - Bronze medal,
- third year - Silver medal,
- fourth year - Gold medal,
- fifth year - Champion medal,
- sixth year - Legend medal,
- seventh year - Hall of Fame medal,
- eighth year - Hall of Fame Reader for Life award,

For more information, check out the Premier's Reading Challenge website at: www.premiersreadingchallenge.sa.edu.au or please drop in for a chat in the library.

Wendy McLeod | Library Resource Manager

OUR VISION:

Connected.
Innovative.
Grounded
in Christ.

OUR VALUES:

God's Word

2 Timothy 3:16-17

Acceptance

Romans 15:7

Excellence

1 Corinthians 10:31

Respect

Luke 6:31

Compassion

1 John 3:18

Hope

Titus 3:7

Community

2 Corinthians 13:13

Love

1 Corinthians 13:4-8a

PROUD MEMBER OF:



A Christ-Centred Community of K-12 Lutheran Schools

St Paul Lutheran School
44 Audrey Avenue
Blair Athol SA 5084
Phone +61 8 8260 2655
admin@stpaulba.sa.edu.au
stpaulba.sa.edu.au



Church News

THIS SUNDAY! "IT IS WRITTEN" CELEBRATION WORSHIP

At St Paul Lutheran Church this Sunday 1 March at 10:00am we are holding our first Celebration Worship and Experience Event of the year!

This is a special service for the whole St Paul Community. Our focus is on children and young people, in particular those from our St Paul School. During the service time we will be celebrating together by presenting to our 2020 Reception Students their very own Bible, gifted from members of our St Paul Congregation. After the Worship Service, there is an Experience Event for families and children to participate in and enjoy in the Church Hall. There is always plenty of fun for all ages, including food, activities, crafts and games exploring our theme. Children from our school are involved through being in a Skit, Prayer or Bible reading and our Receptions will be performing a Song during the service!

For more information, please contact Louise Venning lvenning@stpaulba.sa.edu.au

ASH WEDNESDAY SERVICE

There will be an Ash Wednesday service tonight, on Wednesday 26 February at 7:00pm at St Paul Lutheran Church. All Welcome.

SHROVE TUESDAY

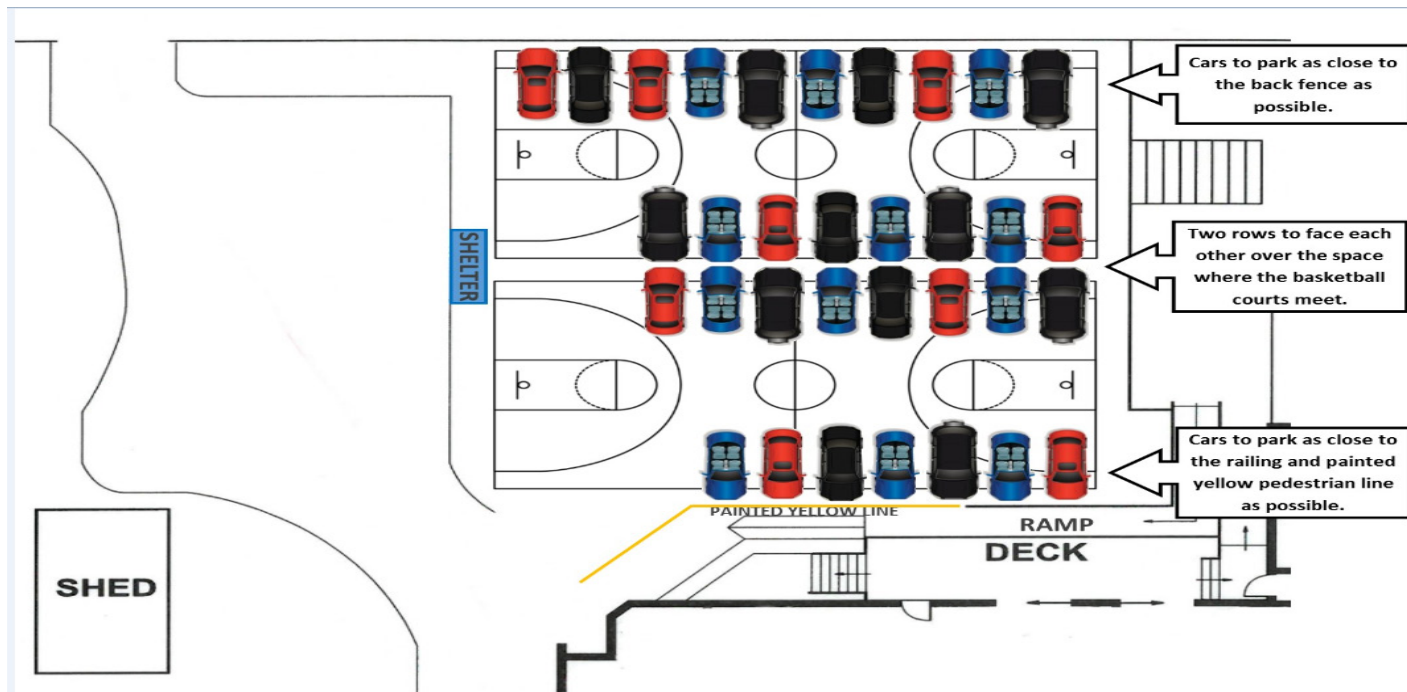
Yesterday our congregation hosted a very special Pancake breakfast for the St Paul School staff for Shrove Tuesday in the school staff room. It was a lovely morning held to celebrate the traditional feast before Lent, the day before Ash Wednesday. Shrove Tuesday was the last opportunity to 'use up' all the eggs and fats before embarking on the Lenten fast, and pancakes were the perfect way to use these ingredients. Anglo-Saxon Christians went to confession and were 'shriven' or absolved from their sins. So for Christians today Ash Wednesday is a season of growth and repentance.

SPY - ST PAUL YOUTH

St Paul Youth for children in Years 6-8 is held on the first and third Friday of the month during School terms. Our next get together is Friday 6 March. Time 7:00pm-9:00pm. Cost is \$2.00. Boys to please bring supper. Any enquiries please contact Nicole on 0412 686 342.

LUTHERAN COMMUNITY CARE

For the month of February LCC are asking for tinned vegetables and tinned fruit to replenish their shelves. Donations can be left on the table in the Church narthex or via our front reception.



TRAFFIC MOVEMENT AT ST PAUL

To assist us with the safe and timely movement of all traffic around the school, please help us with the following considerations. Sharing this with grandparents and other family members who assist with the school drop off and pick up will also assist.

- Park and walk into school wherever possible, as this greatly reduces traffic congestion.
- Remain vigilant with your child/ren while crossing roads or within the carpark area. Use the crossings.
- Children entering and exiting the 'Kiss and Drop' without the need for parents to exit the vehicle whenever possible. The Kiss and Drop driveway is for children who do not need parents assistance entering or exiting vehicles. Parents, please stay in your cars to keep traffic moving. This will be a significant aid in speeding up traffic.
- There is no overtaking when using the 'Kiss and Drop' queue.
- Please ensure you follow the direction of staff that are entrusted to move children and parents in/out of the school.
- The 'Kiss and Drop' is open between 8.30am and 8.45pm and again between 3:10pm and 3:35pm, which helps a staggered pick-up routine.
- Reversing into car park spaces in the parent car park is prohibited as it significantly disrupts the flow of traffic.
- Turning right into the carpark from the Main North rd. end of Audrey Avenue is a dangerous practice that stops all traffic on Audrey Avenue and causes public cars to take dangerous risks. Please do not turn right into the carpark from Audrey Avenue. This will be a significant aid in speeding up traffic.
- All cars in the parent car park will be impounded (ie can't move them) until 8:45 am in the morning or 3:30 pm in the afternoon to enhance better traffic flow in Audrey Avenue.
- All traffic on the tennis courts will exit via Deakin Street at the direction of the staff on duty. Priority is given to the cars on the driveway to speed up traffic flow.
- 5km/h at all times.
- Please ensure that you meet your child on the same side of the street. Your child should not cross the road without a parent, even with the pedestrian crossing.
- Do not use the gate at the bottom of the kiss and drop driveway for pedestrian access. Please use the school gate at the top of the park.
- To maximize the spaces for car parking on the tennis courts , please park as indicated on the attached map.