

Safe Relationships with Adults (Child friendly version)

What is written here helps make sure that you are and feel safe around adults at St Paul Lutheran School and events like camps, excursions, sleepovers, sport, and SPLASH. It also gives you steps to take when you feel unsafe or uncomfortable around adults.

Anytime you feel unsafe or uncomfortable around any adults at school, it is important to share this with a trusted adult. Sometimes this information might need to be shared with other adults to help us help you. A trusted adult could be:

- your parents
- teachers
- or any other adult at school you feel comfortable talking to

All adults understand and know about your right to feel and be safe at St Paul Lutheran School. It is important that you know what this feels like, looks like and sounds like.

Steps to take if you feel unsafe or uncomfortable around an adult can be found in the Child Safe Complaints Policy (Steps to Keeping Safe) and the "I need help" box in the office, in the library, or at SPLASH.

Adults should never ask you to keep a secret that will make you feel bad or uncomfortable.

Adults should never touch you, hug you or kiss you without your permission. You are the boss of your body.



Some things to look out for that might mean you are uncomfortable include:

- I feel scared
- I have butterflies in my tummy and feel nervous
- My body shakes or feels strange

If you feel unsafe there are some things you can do, like:

- Tell a trusted adult
- I can say no
- I can leave

